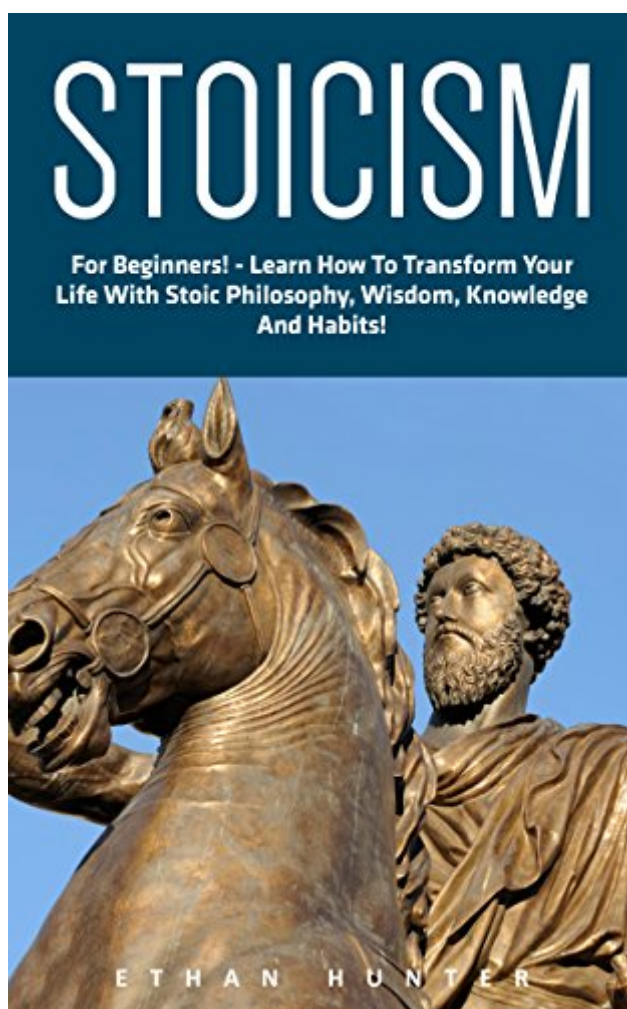


The book was found

Stoicism: For Beginners! - Learn How To Transform Your Life With Stoic Philosophy, Wisdom, Knowledge And Habits! (Stoicism 101, Stoicism Mastery, Modern Day Stoic)





Synopsis

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Stoicism is the quality or behavior of a person who accepts what happens without complaining or showing emotions. If you are envious of what others have and regretful for what you don't possess then you should change your way of thinking

It is the best and AWESOME guide I have read till yet. Taught me important things of life and about Stoicism philosophy. Very good written and comprehensive. Explain Stoicism without any complicated terms. Recommended to everyone/anyone who wants to read or change their life through Stoicism!

This book is a general introduction on the various aspects of stoicism. It is a good starting point for anybody who is just starting with matters. This book helped me gain an overall feeling for this ideology. Now that I know stoicism is definitely worth further studying , I'll make sure to find some more concrete books on the topic.

A great, short primer on the basics of stoic philosophy and it's historical context. Not an instruction manual on how to apply stoicism to modern life though, you will have to look elsewhere for that. In short , this book is fairly for beginners.

i have always been attracted to the tranquility and detachment which are hall marks for Stoicism. This book give me a lot more knowledge to it

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